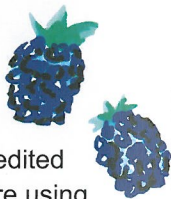


Autumn MENU 2014



We're excited to introduce our new Gold Accredited lunch menu. Our Gold Food For Life menus are using more and more sustainable ingredients, supporting better animal welfare, creating more home-produced meals that taste great for our children

Your new Food For Life menu includes seasonal produce with at least 75% of dishes freshly prepared by our well-trained school cooks. It's a guarantee from the Soil Association that what's on your menu is:

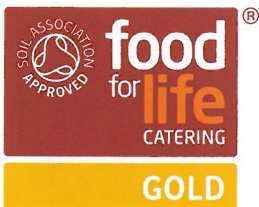
- Organic fresh beef and mince
- Farm assured free range pork
- Farm assured chicken, sausages and beef burgers
- MSC responsibly sourced fish
- Meat free Mondays
- Fairtrade bananas and sugar
- Free range eggs
- No undesirable additives or artificial trans fats

And School meals are now FREE for Reception, Year 1 and Year 2.

Special Diets- If your child requires a special diet please contact us by e-mail; diana.thomas@compass-group.co.uk One of our managers will contact you to arrange a visit to discuss your child's dietary needs

For further information please contact us at diana.thomas@compass-group.co.uk

£2.30



"I think the meals are nutritious, varied and very good value for money."

Parent of child in year 6



"Excellent! Excellent food that's made a real difference to our child's energy throughout the day."

Parent of child in year 3



Our commitment to healthy eating in our schools is still as strong as ever. To ensure our young customers eat well and understand the importance of a healthy diet and lifestyle we make sure that:

- Our menus meet or exceed government food and nutrition standards
- There are no undesirable additives or artificial trans fats in our menus
- Our team of nutritionists develop all our menus to ensure balanced, healthy choices
- Our products from suppliers can be traced back to source
- Our menus can be adapted to meet your needs

If you'd like to know more about our school meals please contact your school.

Are you claiming your free school meal?

If you are in receipt of certain benefits your child may be entitled to free school meals. For more information contact:

The school office to sign up for school meals or if you think your child may be entitled to free school meals please contact 01872 323298

