



	Monday	Tuesday	Wednesday	Thursday	Friday
Theme	Meat free Monday	Family Favourites	Best of British	Build your Own	Friday Fun Day
Main Vegetarian	Chickpea Curry with rice and seasonal vegetables Vegetable	Lasagne with garlic bread and seasonal vegetables Veggie	Cottage Pie with seasonal vegetables Vegetable Pie	Build-your- own Burger Beef, Chicken, or Veggie served with herby potatoes and	Quiche & Chips with baked beans and salad
vegetarian	Frittata with seasonal vegetables	Lasagne with garlic bread and seasonal vegetables	or Quorn Cottage Pie with seasonal vegetables		& Chips with baked beans and salad
Dessert	Fruit Salad or sugar-free Jelly			Surprise Pudding	Fruit Salad or sugar-free Jelly

