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| --- | --- | --- | --- | --- | --- |
| Week One | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Pepperoni Pizza | Chicken fajitas | Roast gammon  (GF) | Build your own baguette:  Sausage,  Vegan sausage (Vg),  Cheese (V),  Egg mayo (V) | Fish cakes |
| Option 2 | Cheese Pizza (V) | Beany fajitas (Vg) | Vegan roast  (Vg, GF) | Falafel  (Vg, GF) |
| Sides | Potato wedges  Baked beans  Sweetcorn | Salad | Mash  Cabbage  Carrots | Salad | Chips  Baked beans  Peas  Salad |
| Dessert | Fruit | Fruit | Jelly or yogurt | Sam’s surprise | Fruit |

(V) = vegetarian

(Vg) = Vegan

(GF) = Gluten free

Jacket potatoes available daily with cheese or baked beans.

Fresh fruit available daily.

|  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- |
| Week two | | | | | |
|  | **Monday** | **Tuesday** | **Wednesday** | **Thursday** | **Friday** |
| Option 1 | Pesto pasta (V) | Beef Keema curry (GF) | Roast chicken (GF) | Build your own burger:  Beef,  Chicken,  Vegetable (Vg) | Sausages |
| Option 2 | Tomato and veg pasta  (Vg) | Spinach, sweet potato and lentil dahl  (Vg, GF) | Quorn roast  (V) | Vegan sausages  (Vg, GF) |
| Sides | Broccoli  cauliflower | Rice  Sweetcorn  Peas | Cabbage  Carrots | Tortillas  salad | Chips  Baked beans  Peas |
| Dessert | Fruit | Fruit | Jelly or yogurt | Sam’s surprise | Fruit |

Gluten free pasta available on request.

If your child has any allergies or dietary requirements that we do not know about please ask for an allergy/diet form from the school office.

If your child’s allergies have changed could you please keep us updated.