

Week One					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Bean Chilli	Beef & Butternut Stew	Smoked Salmon Pasta Bake	Sausage Rolls	Burgers
Option 2	Baked Beans	Leek & Potato Soup	Vegan Pesto Pasta	Vegan Sausage Rolls	Veggie Burgers
Option 3	Cheese, Coleslaw				
Sides	Jacket Potatoes Salad	Bread Roll & Butter	Garlic Bread Peas	Brown Rice Seasonal Roasted Veg	Chips Salad Ketchup
Dessert	Fruit Salad	Rice Pudding	Nicola's Surprise	Yogurt	Fruit Salad

Our kitchen has ingredients that do contain allergens and due to the possible risk of cross contamination we can never 100% guarantee that our food is allergen free.

(V) = vegetarian

(Vg) = Vegan

(GF) = Gluten free and allergen free ingredients available

Jacket potatoes available daily with cheese or baked beans.

Fresh fruit available daily.

Week Two					
	Monday	Tuesday	Wednesday	Thursday	Friday
Option 1	Lentil Bolognaise	Chicken Korma Curry	Pepperoni Pizza	Beef Quesadillas	Fish
Option 2	Tomato & Basil Spaghetti	Chickpea Curry	Cheese Pizza	Bean Quesadillas	Quorn Nuggets
Option 3			Vegetable Pizza		
Sides	Cheese Peas	Rice Naan Cucumber-Salad	Wedges Beans Sweetcorn	Salad	Chips Peas
Dessert	Fruit Salad	Jelly	Kate's Surprise	Yogurt	Fruit Salad

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Gluten free pasta and wraps available on request.

If your child has any allergies or dietary requirements that we do not know about, please ask for an allergy/diet form from the school office.

If your child's allergies have changed, could you please keep us updated.